



Building a Positive Self Image

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What are some ways you can help a child build a positive self image?

- Say what you admire about the child
- Speak kindness
- Trust the child

Starts at the greeting

- What is the child's body language.
- What questions could you ask a preschooler to connect to their needs?
- What questions could you ask to an older child to find out their needs?



Encourage a positive self esteem

- Teach them they are created by God. They are special to Him. (Psalm 139:13-17)
- Give them unconditional love (Matt. 19:14)
- Show them respect (1 Peter 2:17)
- Be a good listener.
- Provide limits that are reasonable and understanding (they will test)
- Accomplishments should be celebrated
- Develop a sense of community (öBecause that's the kind of people we areö)
- Respect for others is valued
- Encourage children through your conversation rather than judging
- Build trust in your relationships with the child
- Give them opportunities to succeed.
- Help them be responsible.
- Provide opportunities to make choices.
- Develop problem-solving activities and stories.
- Know the needs of each child. (ask parents)

