

# How do I learn best?

## Learning Approaches

### Visual



◆ I like to play with blocks, build with Lego® blocks, make forts with branches or boxes, create images with paint, clay or computer programs, design posters, arrange flowers, rearrange furniture. ◆ I can find a face in a crowd. ◆ I'm a puzzle maker and picture hanger.

### Verbal



◆ I talk often and early. ◆ I collect new words and love to show off my vocabulary. ◆ I like jokes and tongue twisters. ◆ I play story tapes over and over until I've memorized passages from my favorite authors. ◆ I love words, books, and reading.

### Musical



◆ I like to sing. I hum, changing the lyrics in a familiar song. Or I repeat words in singsong patterns. ◆ Tapping, finger snapping, and head bobbing are things I might do. ◆ I don't walk—I prance, skip, sway, move to the beat.

### Physical



◆ I am a mover and toucher. ◆ I know the world through my muscles. I enjoy building models, swinging, finger crocheting, learning sign language. ◆ I am a great cheerleader, and I know when to stick or slide in baseball. ◆ I handle objects deftly and make things.

### Relational



◆ I make and keep a wide variety of friends. ◆ I am the peacemaker on the playground. ◆ No birthday party would be complete without me, but I am not always the center of attention. ◆ I'm a good listener, taking in everything from the sidelines. ◆ I like to read biographies.

### Logical



◆ I like word puzzles. ◆ Numbers are alive for me, like characters in a book. ◆ I relish mental math—estimating, measuring, and calculating. ◆ I see patterns and reason easily. ◆ I like to sort, categorize, compare, contrast, organize.

### Natural



◆ I enjoy the beauty of God's creation. ◆ I easily learn to identify elements of the natural world. ◆ I relate well to stories that allude to nature. ◆ I love to investigate, explore, and "study" natural things. ◆ I have a high sensitivity for taking care of the natural world.

### Reflective



◆ I work happily alone and contribute confidently to a group. ◆ I keep a diary (started doing that when I was younger). ◆ I like to record my dreams and remember things that are important to me. ◆ I am curious about my family tree and pour over family albums. ◆ I am drawn to autobiographies.