

# My Multiple Intelligence Inventory

Research by Howard Gardner from Harvard Graduate School of Education shows that all human beings have at least 8 different types of intelligence. Depending on your background and your age, some intelligences are more developed than others. This activity will help you find out what your strengths are. Knowing this, you can work to strengthen the other intelligences that you do not use as often. Areas you are high in are also areas you will be strong in leading children in. This is important when you think that children need activities in all areas to develop.

## Verbal/ Linguistic Intelligence:

- I enjoy telling stories and jokes
  - I can hear words in my head before I read, speak or write them down.
  - I enjoy word games like Scrabble and puzzles
  - When I drive down the road, I pay more attention to signs than scenery
  - If something breaks, I read the instruction book first
  - For a group presentation I prefer to do the writing and library research
  - If I have to memorize something, I create a rhyme or saying to help me
  - I enjoy tongue twisters, puns or nonsense rhymes
  - I have a good memory for trivia
  - I am a good speller (most of the time)
- Total marked

## Logical/mathematical Intelligence:

- I can easily figure numbers in my head
  - I like math puzzles and brainteasers
  - If I have to memorize something, I put events in a logical order
  - I enjoy finding out how things work
  - I like playing chess, checkers or Monopoly
  - If something breaks, I like to look at the pieces and figure it out
  - For a group presentation, I like to create charts and graphs
  - My mind searches for patterns or sequences in things
  - Enjoys science kits and experiments
  - Enjoys creating computer programs
- Total marked

### **Visual/spatial Intelligence**

- \_\_\_\_\_ I can see clear images when I close my eyes
- \_\_\_\_\_ I like using a camera or camcorder
- \_\_\_\_\_ I prefer a map to written directions
- \_\_\_\_\_ I like to doodle, draw or create
- \_\_\_\_\_ I like books that have pictures
- \_\_\_\_\_ If something breaks, I like to find a picture of how it should work
- \_\_\_\_\_ For a group presentation I like to draw pictures
- \_\_\_\_\_ I like to look at magazine pictures more than read the articles
- \_\_\_\_\_ If I have to memorize something, I draw a diagram to help me
- \_\_\_\_\_ I can generally find my way around strange places
  
- \_\_\_\_\_ Total marked

### **Bodily Kinesthetic Intelligence**

- \_\_\_\_\_ I play at least one sport
- \_\_\_\_\_ I like to touch new things I see
- \_\_\_\_\_ I use a lot of gestures when I talk
- \_\_\_\_\_ If I have to memorize something I write it out a few times until I know it
- \_\_\_\_\_ If something breaks, I play with the pieces until they fit back together
- \_\_\_\_\_ For a group presentation, I like to move props around or build a model
- \_\_\_\_\_ I like to use my hands to create as in sewing, woodworking or carpentry
- \_\_\_\_\_ I like daredevil amusement rides or other thrilling physical experiences
- \_\_\_\_\_ I am well coordinated
- \_\_\_\_\_ I need to practice a new skill instead of just reading about it
  
- \_\_\_\_\_ Total marked

### **Musical/Rhythmic Intelligence**

- \_\_\_\_\_ I can tell when a note is off-key
- \_\_\_\_\_ I enjoy listening to CD's and the radio
- \_\_\_\_\_ I like to sing
- \_\_\_\_\_ I play a musical instrument
- \_\_\_\_\_ If I have to memorize something, I try to create a rhyme or song
- \_\_\_\_\_ If something breaks, I tend to tap my fingers while I am thinking
- \_\_\_\_\_ For a group presentation I like to write new songs
- \_\_\_\_\_ I can remember the melodies of lots of songs
- \_\_\_\_\_ I tend to hum to myself as I work
- \_\_\_\_\_ I get television jingles stuck in my head
  
- \_\_\_\_\_ Total marked

### **Interpersonal Intelligence**

- \_\_\_\_\_ I prefer group sports like baseball and volleyball to solo sports
- \_\_\_\_\_ I get along well with others
- \_\_\_\_\_ I like to belong to clubs and organizations
- \_\_\_\_\_ I like helping teach other students
- \_\_\_\_\_ If I have to memorize something, I ask someone to quiz me
- \_\_\_\_\_ If something breaks, I try to find help to fix it
- \_\_\_\_\_ I like to be a part of group presentations
- \_\_\_\_\_ I feel comfortable in the middle of a crowd
- \_\_\_\_\_ I would rather spend an evening at a party than at home by myself
- \_\_\_\_\_ Friends ask my advice because I am a leader

\_\_\_\_\_ Total marked

### **Intrapersonal/introspective Intelligence**

- \_\_\_\_\_ I like to work alone so no one can bother me
- \_\_\_\_\_ I like to think of myself as independent and in control of my emotions
- \_\_\_\_\_ I like to keep a diary of events or feelings
- \_\_\_\_\_ I don't like crowded places
- \_\_\_\_\_ If I have to memorize something I like to close my eyes and visualize
- \_\_\_\_\_ For a group presentation I like to be creative and not copy anyone
- \_\_\_\_\_ I like to learn more about myself
- \_\_\_\_\_ I set goals for my life and think about them
- \_\_\_\_\_ In an argument, I walk away until I calm down
- \_\_\_\_\_ If something breaks, I wonder if its worth fixing

\_\_\_\_\_ Total marked

### **Naturalist Intelligence**

- \_\_\_\_\_ I like to observe my surroundings
- \_\_\_\_\_ I love to walk in the woods and look at trees and flowers
- \_\_\_\_\_ I enjoy gardening
- \_\_\_\_\_ I like to collect things (stamps, baseball card, rocks)
- \_\_\_\_\_ I like to memorize things by putting them into categories
- \_\_\_\_\_ I like learning the names of living things
- \_\_\_\_\_ If something breaks, I look around for things to fix it
- \_\_\_\_\_ For a group presentation, I like to organize and classify information
- \_\_\_\_\_ I like to learn about taking care of animals
- \_\_\_\_\_ I would rather live in the country than in the city

\_\_\_\_\_ Total marked

Remember-this was NOT a test, only an inventory. There are no right or wrong answers. Any area that does not have many marks can be further developed at any age if desired. Inventory was created by Sheila Halasz for use to help people see their God given strengths and have a reference point to work on areas they would like to become stronger in.