

Guiding Behavior: What do I do?

Mark Jones

*"I was so concerned about being a friend
that I sometimes forgot to be a parent."*

Mother of Seven Children



- Dr. Elias coined the phrase "_____"
- Parents no longer know what authority they have over their children.
- Even for _____ children, I'm finding that parents seldom feel that they have the authority to tell their child what to do. Instead, they just suggest.



Instead, we now have "His _____ the Child."

So what are you to do?

- If you're married- Make sure the child knows that _____ parents must "sign off" on major purchases and commitments.
- Keep family matters in the _____. Special requests should not be made in public and never in front of neighbors or friends. (private)

Positive Discipline

- Parents should assert their _____ in discipline but also use it to lead your child to do new things, new hobbies, and new adventures.
- *Your job is not to maximize your child's pleasure but to broaden her horizons.*

"Putting-your-foot-down" Authority

- This "putting-your-foot-down" leadership works best with:
 - _____ under age 12
 - _____ under age 14.
- "Don't _____, Tell" –You're giving an order!



Concerns of Parents

- Some parents worry their children won't like them because their firm or strict.
- They might bribe their kids with food as a way to get them to obey.
- Avoid explaining your commands.

Punishment

The punishment must fit the _____, the _____, and the _____.

Consider genders- A study with 125 families revealed...



- **Boys**-respond well to _____ and authoritarian discipline which included occasional spanking. The stricter the parents disciplinary style the better the boys social-cognitive skills. The warm fuzzy approach appeared to retard boy's acquisition of social cognitive skills.
- **Girls**-The results were just the _____. The warm-fuzzy approach promoted social skills where as strict discipline had a slight negative effect on girl's social development.

Induction

Helping your child to _____ herself in the position of the person being harmed.
 "How would you feel if someone did that to you?"

Power Assertion

This means _____ restraint, corporal punishment or the threat of these.

Nuts and Bolts of Punishment

Girls (2-4 years old)

1. Start with _____ correction- "We don't slap!"
2. Next- _____ "How would you feel if someone slapped you?"
3. If verbal correction doesn't work then _____ - _____ (immediately).

Boys (2-5 years old)

Induction doesn't work well.

Moral understanding (Upstairs Brain) is more developed for girls than boys.

1. Start with _____ correction- "We don't slap!"
Give one _____ and explain the consequences.
2. If that doesn't work, go directly to enforced _____ - _____.
3. If his bad behavior continues, you can lengthen the time-out, or a spanking is appropriate.

Girls (4-8 years old) & Boys (5-10 years old)

1. You have all previous methods available.
2. Plus a new one: _____ of privileges.

Girls (9-14 years old)

1. Time-out no longer works.
2. Verbal correction, induction and withdrawal of privileges don't work well.

! Cliques & peer pressure reach their peak importance for these girls.

Boys (10-15 years old)

Two changes with boys this age

1. No more corporal _____.
2. Use _____, but with a twist.

Instead of asking, "How would you feel..." ask, "What would you do if..."

